



Yoga Class Updates & Amendments

As many teachers are away for the month of December 2015, there will be adjustments in the schedule. We encourage all students to keep up with regular classes to keep the momentum going! Beginner students are welcome to join the "General" classes.

Regular schedule will resume in January 2016.

Please take note of the following:

Audrey is away from 3 to 31 December 2015

8 & 15 December 10:30am : Cancelled

22 & 29 December 10:30am : Erika is teaching

Su Unn is away from 29 November to 15 December 2015.

30 Nov, 7 & 14 December 9:30am : Combined class, please join 10:15am class

3 & 10 December 7:30pm : TBC

4 & 11 December 12:30pm & 4pm: Please join the 10am class

5 & 12 December 2pm: Akiko will be teaching

18 & 25 December 4pm: Cancelled

19 December 2pm : Shift to 12:30 pm

Angeline is away from 29 November to 14 December & 18 December to 8 January 2016.

29 November 9pm (Kids) : Akiko will be teaching

6, 13, 20, 27 December & 3 January 9am (Kids) : Cancelled

December Wednesday 7:30pm classes will be combined with the 7pm class. Please note class will start at 7:15pm.

2 & 9 December 2015, Wednesday, 7:15pm: Akiko will be teaching

16 & 23 December, Wednesday, 7:15pm: Timothy will be teaching

30 December, Wednesday, 7:15pm: Erika will be teaching

6 January, Wednesday, 7:15pm: Timothy will be teaching

There will be no Kids Yoga on 12 & 19 December 2015.

There will be no classes with **Akiko** for the month of December, classes resume on 9 January 2016.

Timothy will be away from 4 December to 14 December 2015, classes will be taught by Akiko; and from 24 December to 5 January 2016, classes will be taught by Erika.

Erika will be away from 4 December to 14 December 2015. Classes will be taught by Akiko.

Mala will be away from 13 December 2015 to 3 January 2016.

15 & 22 December, Tuesday 7pm: Timothy will be teaching

29 December, 7pm: combined class at 7:15pm with Erika

19, 26 Dec & 2 Jan, 11:30am: No class, please join the other classes.

Meng Chuan will be away on 1 & 29 December, Erika will be teaching the class.

29 December 2015, class is at 10:30am

Maureen will be away from 1 to 31 December 2015, there will be no 9am class on Wednesdays from 9 December, please join the other classes. Class will resume on 6 January 2016.

2 December 2015, Wednesday, 9am: Erika will be teaching

Elain will be away from 1 to 31 December 2015, there will be no 10:30am class on Sundays for December, please join the other classes. 10:30am class will resume on 3 January 2016.

Elain will be away from 11 to 18 January 2016.

17 January 2016, Sunday 10:30am: Timothy will be teaching

Lena will be away from 1 to 31 December 2015, there will be no 1pm class on Sundays for December, please join the other classes. 1pm class will resume on 3 January 2016.

Class amendments:

No Wednesday 9am classes with Maureen from 9 December, resumes in January 2016.

No Friday 5pm and 7pm classes with Erika in December, resumes in January 2016.

No Saturday 9:30am class with Akiko, resumes on 9 January 2016.

No Sunday 10:30am class with Elain, resumes on 3 January 2016.

No Sunday 1pm class with Lena, resumes on 3 January 2016

Please join the other classes if class is cancelled or if you are unable to attend the amended timeslot. For any clarifications, please call 64422881. Thank you!